

**Saturday, Week 2: Mark 6:31**

*He said to them, “Come away to a desert place all by yourselves and rest for a while.” For many were coming and going, and they had no leisure even to eat.” (NRSV)*

1. Jesus was Mighty God, but he was also human, and he recognized the humanity of friends and co-labourers in his kingdom work. As you think about him caring for the physical needs of his disciples, how does this verse encourage or challenge you?

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2. How do you see the reality of God’s love for us evidenced in this verse?

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3. The Advent season can be a particularly frantic time for most of us. Ask yourself if you are allowing enough time for rest and refreshment in your schedule over the next few weeks.

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*Father God: Thank you for your Word and for the reminder of the need to prioritize time alone, and time alone with you. Please help me to draw strength from you that I might fulfill all you call me to do in these days before Christmas. I ask these things in Jesus’ name. Amen.*